



Swimmer Code of Conduct

As a swimmer & member of Phoenix Swimming (PHX), I will abide by the following code of conduct:

- I will conduct myself with dignity and respect for others and for the property of others.
- I will be on time for practice, training sessions, and meets and if I cannot be, I will communicate with my coaches.
- I will comply with all team rules.
- As a matter of team pride & courtesy to meet hosts, pool facility operators, & janitorial staff member, swimmers I will leave the PHX team area in a neat & clean condition at the conclusion of each practice session. I understand this also applies to pool locker/rest rooms, bleacher areas, meet pool decks, etc.
- I will practice and teach good sportsmanship.
- I will promote positive team spirit and morale.
- I will offer congratulations and encouragement to his/her opponents.
- I will support my teammates at practice and at competition. Working together as a unit will benefit each team member and is an important part of PHX spirit.
- I will follow verbal directions of the coaching staff. At no time will disrespectful attitudes by any swimmer be tolerated.
- I will respect the rights and space requirements of other groups using the swimming facility.
- I will follow the Code of Conduct at home, at away events, and in all areas of my life because I understand that I am always representing PHX.

Prohibited Behavior:

I understand that at no times will the following be accepted:

- Use or possession of any illegal substance (i.e. alcohol, drugs, tobacco)
- Being in the presence of illegal or unacceptable behaviors (underage drinking, drug use, tobacco use, bullying, hazing, etc)
- Destructive behavior
- Inappropriate or unruly behavior, including fighting or striking another athlete

- Inappropriate language (swearing or derogatory comments) or lying
- Stealing and vandalism
- Bullying or isolating another swimmer
- Interference with the progress of another swimmer during practice or at any other time

Consequences for Violation of the Code of Conduct:

This code shall be in force for all PHX swimmers during practice, during swim meets, and at events sponsored by, or in which, PHX is represented. Disciplinary actions can range from, but are not limited to; reprimands, repetitions of a drill, push ups, etc., being sent home from practice or meets at the parents' expense, suspension from the team, expulsion from the team, being barred from competition, or receiving any other disciplinary action that the coaches deem necessary if a member fails to adhere to the Code in part or in whole.

Safety and Behavior Consequences for Violation of the Code of Conduct:

Phoenix Swimming owners reserve the right to terminate the membership of any individual whose behavior places the PHX in an unfavorable light or jeopardizes our participation in any pool use or sporting event. This termination of membership is non-refundable. All members are expected to demonstrate good sportsmanship and act as appropriate ambassadors for the club. They should act as role models for others at all times.